



**PART EIGHT:
LISTENING FOR GUIDANCE**

Spiritual Experience

YVETTE and EMANUELLA

Being the oldest of three boys I never knew what it was to have a female buddy, never that is, until I met Yvette. In church she was only a seat or two away from me and her cheery presence was always appreciated by everyone.

But there were things about Yvette that most people were unaware of. Yvette was one of those rare souls who had developed the ear to hear from angelic sources and the guidance that came through those sources was impeccable. If I was tired or confused as to what to do in life I would soon find myself in Yvette's company.

It was on one of those occasions when Yvette introduced me to a spirit by the name of Emanuella...a lady's name which, surprisingly enough, has the meaning "God is with us". Yvette would open in prayer, then, after a few minutes of silence, she would give me the nod and I would ask my first question.

On Thursday, November 21, 1996 I was concerned because I had lost my precious bolo tie. It was one of those rare gifts that I knew was truly a gift from God, and here I had gone and lost it. Hence, I was with Yvette and we had just entered the silence after the opening prayer when without me saying a word Emanuella started to speak through Yvette.

Emanuella: "I want you to know I am with you; bolo tie or not. I am with you always." (Yvette then injected that I had Emanuella attached to the bolo tie.)

Me: "Why such a job knuckling down to work?" I asked.

Emanuella: "What would happen if you had an outside job and didn't knuckle down?"

Me: "I would be fired!"

Emanuella: "You are not going to fire yourself. Draw up a schedule. Stick to it completely. Easier said than done. It's up to you; I can't do it for you."

Me: "I have a question relative to my dream about the broken guitar?"

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Emanuella: “Broken guitar... The lack of faith in your musical success. That is what you are blocking. You are very angry; you are sabotaging your good.”

Me: “What do I need to know?”

Emanuella: “You have to see yourself singing in front of thousands and totally loving yourself. Envision it many, many times over and over again until it becomes etched in your mind. Self-love...for only when you can accept your talent and how good it is; will people recognize it. It is you’re not recognizing it that is the problem. John you have to start at home. Love yourself, your talent. It has to start with you. But I must say I am noticing a motivation to change. Less fear of impending change.”

Me: “Can you help me in this?”

Emanuella: “I can only stand at your side and help. Do not shut me out.”

Me: “How?”

Emanuella: “Tell him about his fear-based thoughts and negativity. Then he cannot hear me.”

Me: “Have I gone too deep in the new relationship?”

Emanuella: “There is no such thing as too deep. Forget the past. Live in the moment. Leave the future in the future. Live in the moment. That is the moment of power. My son. You have to search your heart. Where is your heart?”

Me: “Help me search for it please.”

Emanuella: “I stand by you and give you the confidence that your Christ Self will reveal the answer. When you have the answer you will have the confidence. Remember... That is mainly what you need to hear. What you are blocking out, is what will bring you happiness and reassurance.”

Me: “What can I dwell on to improve my mind control?”

Emanuella: “Your problem is you're trying to control your mind. “Peace be still and know that I am God.” When you release the need to control your mind you

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will find the guidance and the answers you are searching for. What you need to hear will flow in.”

Me: “Should I be packing to move?”

Emanuella: “I see no need for anticipating evacuation. John, remain in the present moment. When the time comes you will know.”

Me: “What can I do to sleep better?”

Emanuella: “To release fear will induce complete peace. Your best medicine is to say: “Peace, be still and know that I am God.” Repeat that several times and you will drift into a peaceful sleep with guidance through your dreams.”

Me: “Will I reconcile with my former girlfriend in this lifetime?”

Emanuella: “You are still hanging on to the past. The present moment is the point of power.”

Me: “Are you saying I should forget her?”

Emanuella: “I am not saying forget anything, no, just release the past, the future isn't here yet. I do not make decisions for you. You will make the decisions in your life. All I can tell is your weakness is your failure to remain in the present moment.”

Me: “Am I wrong to hope for reconciliation?”

Emanuella: “It is not wrong to hope for anything. You have to be in the now for things to materialize.”

Me: “What can I do to live more in the now?”

Emanuella: “Let go of what was or what may be. This present moment is where you must dwell.”

Me: “Dietary changes?”

Emanuella: “Avoid sweets.”

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Me: “Where am I missing the mark badly and where am I on target well?”

Emanuella: “When you are in the present moment you are in harmony. Past or future is counterproductive. To remain in tune with the universe is to stick to the present... But that is your choice.”

Me: “So be it.”

That evening with Yvette and Emanuella blew the doors off of it for me when it came to knowing that there is a definite way in which we as human beings can communicate with the higher angelic sources. But I desired first hand communication with higher sources and my desire was not to be denied.

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MY SEARCH FOR EMANUELLA

I always wondered what Emanuella looked like. I tried to do research to see if there was any mention of her in books or on the internet. All I was really able to establish was that in the northern Mediterranean region the name was quite commonly given to ladies.

Curiosity has always been a big thing in my life so it probably wasn't too great a surprise to find myself turning into a huge Roman Catholic cemetery in Burlington, Ontario one day. It was bordering on dusk when I got out of my car and started to walk up and down the rows looking at the stone angel carvings placed on the top of many of the headstones.

Now there was no one near me when I got real close to one large angel in particular and stared inquisitively at it. The thought in my mind was probably something like, "Emanuella, is this what you look like?"

Out of the mists of nowhere came the very clear voice that said, "Why do you seek the living among the dead?"

I exited the cemetery without delay. Never did I return in search of my beloved Emanuella.

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LISTEN TO THE STILL SMALL VOICE OF GOD

Although it was 1982 when I first heard the Still Small Voice of God it was not until the 90's that my listening skills began to sharpen enough that I was beginning to pick up guidance which I knew beyond a shadow of a doubt that it was not coming from my mind. I knew it *had* to be coming from the MIND of God for it contained things which I knew nothing about. Here is one sample of what came through for me.

March 6, 1996.

Hello Father,

I come. I come in the name of Jesus.

Thank You for patience. Thank you for the meal last evening. Thank you for leading me to The Barn (grocery store).

Beloved, my mind has been racing and going on two things at one time, flipping from one thing to another, worrying, causing inactivity, indecision and You alone know what else.

Beloved Father, I give to You my mind, my emotions, my four lower bodies. Fix and heal them until the Christ Mind is fully restored. Daddy, please give me what I need most, whatever that may be. I trust You. I Love You.

Son,

John

= = =

Father, I give to You my transportation problems, my vehicle sale and transfer situations. I leave it in Your Hands for a solution. I ask for my car back fixed today.

Speak to me please Father. What would You do with this situation?

Beloved, I want to be peace.

I want to shed peace.

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I want to be a Light.

I want to shed only Light.

I want a clear head in my sinuses and in my thinking.

These are the things I would ask for. I ask for Your Supply, Your ABUNDANT supply.

Heal me now Father, now please, that I may get on with what is mine to do.

= = =

This is God “speaking” through the Higher Self or consciousness of John A. Jenkins, “JJ”. “Charles!”

Woundology – it gets sympathy – attention and hence gives you a feeling of power.

John, let go of Woundology. All of them. Instead use Successology. Successology – the combination of successful thoughts and plans with dedicated, persistent forward action.

John. All you need is here now. I am here now. We are here now. Let’s go son.

Your dreams have been good for you, they enabled you to get rid of a lot of crap. Don’t worry about the words. They convey the sentiment.

Now My son. The healing process will continue now. Be at peace My son, with yourself, the world and everyone in it.

I Love you.

Daddy

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IN THE QUIET

I have been inspired from time to time to take pen in hand with my journal. Here are some examples of what has come through.

May 1, 1994

The Master Carpenter

A blossom in the spring time air
Was whipped and stripped and blown
And all it needed was the time
To recover and to grown

For time it heals the precious flower
And lets it swing and sway
In the gentle April rains
The pleasant sun of May

Fear not the loss of one so dear
Whose love it seemed to fray
For there's a blessed day ahead
When you'll be here to stay

You are her precious idol son
Her heart's greatest love and joy
You are the one she's waited for
You are her special boy

Relax and let Me heal her son
Relax with confidence and joy
I am the Master Carpenter
About to fix the toy.

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Sept 5, 1994

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Abiding In The Vine

I found a new way of living
I found a new way divine
I have the fruit of the spirit
I'm abiding, abiding in the vine

Abiding in the vine

Abiding in the vine

Love, joy, health, peace

He has made them mine

I have prosperity
Power and victory
Abiding, abiding in the vine.

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March 28, 1994

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This Is The Time

This is the time for life on earth to really change
This is the time for you to start your life again
This is the time for you to stop those silly games
This is the time for love and action up in flames

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September 9, 1994
(9/9/94)

A MOST STRESSFUL MOMENT

I was passing through one of the most stressful moments in my life and was constantly praying for strength, wisdom and guidance. I rarely use a red ink pen for other than highlighting a word or two, but on this occasion I was meditating and all of this was written with a red ink pen. Coincidence? You decide. As the thoughts came I wrote. Here is what the pen recorded.

* * *

Eternal thoughts, etheric thoughts, need to be grasped and cemented into plans ... into commitments ... into action, otherwise they shall eternally only be thoughts floating through the air like dandelion seeds. They need to be GROUNDED.

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UNUSUAL GUIDANCE

Guidance came to me from various and sundry sources but on every occasion, *when I bothered to be still and listen afterwards*, the still small voice within me would say, “This is the way.”

One example came one day when I was attending the Healing Circle at the church in Hamilton which was known to all of us as “Unity on the Mountain”.

A dear friend, who well knew the predicament I found myself in, was *inspired* to say:

“Work only at things that bring you Joy. The money will follow.”

That is the advice which I have sought to follow all of my life ... even though it cost me dearly in many ways. It gave my heart peace and joy ... something I never found working in accounting.

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ASK THE STILL SMALL VOICE WITHIN

It was my buddy Yvette who first demonstrated to me personally the ability of a child of God to speak to the Spark of Divinity that resides within...*and* hear the response.

I had read about others doing similar things but for me it was beyond first-hand knowledge. I was timid about trying this myself because I thought it was a special ability that only a few others had and that I did not.

We all know the old expression: "Necessity is the mother of invention." Well, just before Christmas in 1996, I found myself between a rock and a hard place. The new owners of the apartment building in which I was residing sent all tenants a Christmas gift. We were ordered to be out of the building by the end of January.

All month long I searched in vain for a place to live that I could afford. The only positive sign was a lady friend invited me to move in with her...but something told me that was not the thing to do. It came right down to the wire and I had no place to go. In desperation I moved some of my boxes into my lady friend's home but as I was doing it my insides were in a knot.

Finally, I turned to prayer and with my limited understanding of how best to do that I recorded the following prayer in my Journal...

Beloved Father /Mother God,

I come in the name of Jesus. I come.

Thank You for hearing me and my call for help. Thank You that such a call is heard over heavens music. Thank You for your love for me and my love for You.

Now I give You my sick feelings of failure, or premature swift action. What would You do now? How would You handle this?

And this is what I heard in my head...

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Slow down. All is not lost. To move forward take baby-steps. Small, slow, cautious steps and I will show you each one. There is nothing to fear. I soften all hearts and heads to meet my objectives.

Now, let's go forward as planned with no tension whatsoever.

I have spoken.

So be it!

I AM.

Shortly thereafter I received a phone call from the landlady at a place I had visited. She had no openings when I last was there but now she just had a sudden vacancy. The place was certainly not one of my preferred spots but I had to make a snap decision and told her I would take it.

I had only a few hours left to vacate my old apartment when help arrived and all of my possessions were loaded into a small moving van. The only problem now was the landlady could not legally let me in until the morning, February 1.

I felt the impulse to drive the loaded van up to the new apartment anyway. The landlady again stated that she could not legally let me in until the morning. About that time her husband arrived home, listened to the discussion and then turned to her and said, "Let him move in. I will help him." ...and he did...in more ways than one.

Today do I ask God for help, wisdom and guidance...then sit still and listen for the response? You bet your boots I do...and yes...I do hear the still small voice of God. Do I tell you this to brag about what I can do? Heck no. I do it *only* to show you what you can do...because if I could do it...it will be a piece of cake for you.

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GUIDANCE AFTER A DISASTER

Me: I turn within today. Now I listen.

God: Heal thyself and in the process the others will be healed.

Me: Okay God. Where do I start?

God: Where you are right now in this very present moment. Not in struggling to change the last troubled moment or the next anxious moment, but this present moment, the next 3 seconds. This is what you live in and react in. That is the important timeframe. This 3 seconds. Now, this 3 seconds. If all you ever have to face is this 3 seconds then the horrific burden of yesterday or tomorrow, the last minute or the next, are unimportant. Live with me in this 3 seconds now.

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GUIDANCE COMES THROUGH...

Mom dreamed she heard a van in the driveway and it was me ... and today I telephoned her. (I drive a van.)

She said, “Head south like the birds around November 1st.”

This very afternoon I was watching the blackbirds as they were swarming to get ready for their big flight south ... wishing I was going with them. Previously I have been given “guidance” to listen to “people and the birds” to catch my clues as to when to go.

I want the divorce done and a green light from God.

Now, Mom had no way of knowing, and neither did I at that time, that my divorce would be final on October 31, 1994. Halloween. What a hoot that was.

COMMITMENT REVIEW

Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative and creation, there is one elementary truth the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favor all manner of unforeseen incidents, meetings and material assistance which no man could have dreamed would have come his way. Whatever *you* can do or dream you can, begin it. Boldness has genius, power and magic in it. Begin it now.

And now you can bear witness to the truth in Gothe's "Commitment." Go for it! If I can do it, you can do it too.

One day I sat down with my pen and journal, got very quiet, and then this message simply flowed out of me like a rushing river.

Are you committed?

What are you committed to? And how much? Degree? To excellence?

Make a list!

Establish:

Goal to commitment to purpose.

What is your purpose for being on this earth?

Why?

Who are you committed to?

Why are you committed to?

How are you committed to?

How much are you committed to?

Are you committed to not live your life by accident?

Who are you committed to? God?

Are you committed to being an EXAMPLE PERSON? Degree?

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Are you committed to being a wealthy person? Why?

You have got to be doing it for God first because you aren't going to become a wealthy person for you!

You've got to do *some* good to get it.

How committed are you to committing others to all these good, true and wonderful things?

He is HIGH energy. Where did he get it? God.

She is HIGH energy. Where does she get it? God. She is committed to God.

Who are you working for?

Who are you committed to?

What are you on this earth for?

Have you not been in a do or die situation? If not ... you ain't never lived.

A Goal is not a goal until:

1. You have written it down on paper.
2. Told somebody else.

Start calling it COMMITMENTS instead of Goals.

Short range.

Long range.

Am I committed to getting out of financial prison?

Am I committed to being different?

Am I committed to the free enterprise system?

Are you committed to being unselfish?

Are you committed to accumulating wealth?

How are you going to get operating capital?

Are you committed to always having operating capital?

Are you committed to being a wealthy person and total prosperity for all the right reasons?

Are you COMMITTED to: getting into and KEEPING in ACTION?

Are you committed to being the:

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Leaders

Examples

Pacesetters

Inspirators

Chance takers

Motivators?

Are you COMMITTED? How much?

Feel it!!!

Are you committed to being a 1%er?

Are you committed to life?

Are you committed to be a leader?

Are you committed to be a challenger?

Are you committed to be a positive optimistic?

What thought?

How many people know what you are committed to and how much?

What am I committed to for the next 100 days?

Are you committed to never VIOLATING another human being ... not even unintentionally?

Are you committed to being:

Different? To what degree?

Mature?

Marketing ... marketing?

Are you committed to eliminate all fear, doubt and worry in your life and everybody you see?

Are you committed to building an empire for the right reasons? Degree?

Are you committed to having more faith than anyone else on earth?

Are you committed to making a diamond out of a piece of coal!?!?

Are you committed to being the **World's Greatest Worker**?

Are you committed to use your time, energy and money in the greatest way?

Are you committed to **catching money as it passes you** and then use it for a worthwhile purpose?

Are you committed to being:

a man's man? (A woman's woman?)

The greatest lover?

The greatest father? (mother?)

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The greatest husband? (wife?)
The greatest friend?

Are you committed to being the most beautiful person and human being on the inside?
Committed, dedicated, on track ... it all falls into place when you are committed.

Are you tackling big things?
Are you having to perform miracles daily to live up to your commitments?

I am committed to Christ Consciousness.
I am committed to taking God's music to the masses.
I am committed to supporting _____ and _____.
I am committed to being the best ME I can be.

I am committed to being a harmless, gentle soul!
I am committed to being God!

John Jenkins 9/9/94

(And then when I felt the message was complete the following was given.)

Are you committed to be:
A 24 hour a day inspiration to EVERYBODY you see?
A person who was so good that if they put your picture on the front page of the newspaper that it would be a **GOOD** story?

When you put it out it comes back as more! (1000 times ... confirmed by angelic sources.)

Barking dogs don't bite ... what are you committed to ... ACTION not talk!!!

Put down 21 things that you are committed to that money won't replace ... big helpful things. Keep adding to it. Read it every day.